

**DRESS CODE POLICY**

UIC Campus Recreation requires all patrons adhere to a dress code policy for personal hygiene, health, and safety. It is important for patrons and Recreation Staff to have uniformly enforceable policies.

Spectators and non-participants are not required to adhere to the dress code policies.

**THE DRESS CODE IS AS FOLLOWS:**

- Non-marking shoes with a closed heel and toe are required.
- Athletic attire is recommended. For your own protection, clothing that covers the chest, back and torso is strongly recommended.

**THE SHIRT POLICY RATIONALE IS AS FOLLOWS:**

- Shirts should cover full chest and back to prevent MRSA, ringworm, etc. from being passed from skin to pad/mat contact (we encourage you to clean the equipment you are using before and after each use).
- Excess skin exposure can lead to the spread of disease.

**THE ATHLETIC, NON MARKING SHOES POLICY RATIONALE IS AS FOLLOWS:**

- Shoes protect the feet from equipment that may be dropped and contain the injury, preventing contamination of the facility and other users.