

Outdoor Practices

- Located at the Outdoor Field Complex (900 W. 14th Pl.)
- Maximum of 50 members attending these events (including all exec members + instructor)
- We will maintain a distance of at least **8 feet** by spacing out evenly throughout the entirety of the green space and not allowing any physical contact between anyone, be it member, exec, or instructor.
- **Masks must be worn at all times even while exercising.**
- **Everyone must bring own equipment (no shared equipment).**
- Duties of event
 - Marie Pinto and Isabelle Jasper, Event Coordinators: liaisons between exec team and instructor, responsible for contacting instructor communicating with them regarding specifics (location, time, etc.)
 - Maddy Benavides, Secretary: Responsible for checking members in to the event, taking attendance, and **checking health screening.**
 - All of exec (Marie Pinto, Isabelle Jasper, Edyta Medrek, Maddy Benavides, Sam Alvarez, Arielynn Arana, Julissa Unzueta): responsible for handling any equipment necessary for the workout, disinfecting said equipment, disinfecting area used for workout if need be

Dates for outdoor workouts: 9/2, 9/9, 9/16, 9/23, 9/28, 10/7

Indoor Practices

- Mind Body Suite and MAC Gym for rain events and all events starting 10/7
- Dates for indoor workouts: 10/14, 10/21, 10/28, 11/4, 11/11, 11/18, and 11/25

- Max capacity for each space is 10 (including exec and instructor)
- Will be masked the entirety of the time spent in the spaces
- If equipment is used in the first session, it cannot be used in the second.
 - If any equipment is used, it will be cleaned by our exec team after use.

Will be livestreaming the workout in the MAC Gym to the Mind Body Suite

Will maintain eight feet of social distancing between each member