Women's Volleyball Practice Proposal

10 returning members

Responsibilities

- Players must be properly registered to Club Volleyball on UIC Campus Recreation Sports
 Club website. You can register here: https://uic.dserec.com/online/clubsports
- Players will check in with a Club Volleyball Officer or Advisor at the gym entrance.
- Only those properly registered and completed a wellness check will be allowed in.
- Check-ins: A google form will be used to keep track and serve as a back-up of check-ins
 for each player during practice by the vice president
 - The officer responsible for check-ins will depend on an availability basis
 - i.e. Officer A is responsible for check-ins. If unable to attend
 practice, officer B is responsible for check-ins. If both A and B are
 unavailable, then officer C will be responsible for check-ins and so
 on.
- The width of the volleyball court is 30 feet. We will maintain social distancing by requiring three players in the back row stay at least six feet apart from each other. The same rule applies to the three players in the front row.
- We are not allowing any physical contact between anyone, be it member, exec, or instructor.
- After games or in between plays there are no high fives allowed.
- When switching sides before and after the second game, please let one team pass, then the other team.

- Masks must be worn at all times even while exercising.
- Social Distancing: Each member is responsible for keeping a 6 foot distance from others at all times, however, officers will also be responsible for reminding members as well with warnings
- If players show symptoms or test positive, they must tell the board members and Sam immediately, so we can take the following steps