

Ju Jutsu Club Practice Proposal

Practices for the semester will be held on either Zoom or in person in room SFC 2&3.

For in person practice, the following guidelines must be met:

1. Participants must be registered on UIC Connect for UIC Ju Jutsu club prior to attending. You can register here: <https://uic.dserec.com/online/clubsports>
2. Participants will individually complete a Wellness Check prior to an in-person practice. You can complete the UIC online wellness check here: <http://healthcheck.uic.edu/>
3. Club officer or present senior participant will take attendance, verifying each participant is registered and has completed a Wellness Check.
4. There will be a limit of 10 total people, including officers, present at a practice.
5. Each participant will be spaced out 6 feet or more from each other
6. If mats are used:
 - a. Each participant will be limited to practicing on one or two connected mats, spaced away from other mats to maintain social distance of 6 feet or greater
 - b. participants will clean mat before putting it away
 - c. mats will not be shared or swapped
7. Masks are always to be worn.