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Experience

UIC Campus Recreation
Program Guide 2015-2016

The Outdoor Fields
Complex is now open!
See pg. 7 for details
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2015-2016 Facility Hours

<table>
<thead>
<tr>
<th>SEMESTER HOURS</th>
<th></th>
<th>BREAK HOURS</th>
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<tr>
<td><strong>Monday - Thursday</strong></td>
<td>6:00 am - 11:00 pm</td>
<td><strong>Monday - Friday</strong></td>
</tr>
<tr>
<td><strong>Friday</strong></td>
<td>6:00 am - 9:00 pm</td>
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</tr>
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<td><strong>Saturday</strong></td>
<td>9:00 am - 9:00 pm</td>
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</tr>
<tr>
<td><strong>Sunday</strong></td>
<td>11:00 am - 11:00 pm</td>
<td></td>
</tr>
</tbody>
</table>

**SRF Swimming Pool**
- Closes one hour prior to facility closing.

**SFC Swimming Pool**
- **Monday - Friday** 6:00 am - 8:00 pm
- **Saturday - Sunday** Noon - 8:00 pm

**Winter Break**
- Saturday, December 5 - Saturday, January 9

**Spring Break**
- Saturday, March 19 - Saturday, March 26

**Summer**
- Begins Saturday, April 30

*All hours are subject to change. For updates, including special holiday hours and facility closings, visit [www.rec.uic.edu](http://www.rec.uic.edu).*
Student Recreation Facility
737 South Halsted Street, Chicago, IL 60607 • (312) 413-5150

The Student Recreation Facility is located across the street from the UIC Student Center East. The facility is open to UIC students, faculty/staff, and University of Illinois graduates. A limited number of memberships are also available to the general public.

Student Recreation Facility (SRF)
• 18,000 square foot fitness floor
• 1/8 mile, 3-lane jogging track
• Lap/Leisure Pool with spa, sauna, and steam room
• 3 Racquetball courts
• 2 Convertible squash/racquetball courts
• 4-Court wood floor gymnasium equipped for basketball, volleyball, and badminton
• 11,000 square foot Multi-Activity Court (MAC) gym
• Group Fitness Suites: Spin Suite, Mind & Body Suite, Multi-Purpose Suite, and MAC Suite
• Human Performance Lab
• Rock climbing wall (43 feet high)
• Outdoor Adventure Office
• Lounge area
• Full-service locker rooms with daily use and annual rental lockers available
• Multi-purpose room with table tennis
• Heavy bag and speed bag
• Complimentary equipment check-out
• Tropical Smoothie Café

Tropical Smoothie Café offers bold, flavorful food and smoothies with a healthy appeal. Food and smoothies are made daily with fresh ingredients. Smoothies are made from superior, simple ingredients including real fruit and natural sugar. Toasted wraps, bistro sandwiches, grilled flatbreads, and gourmet salads are all made fresh to order, and topped with fresh produce and flavorful sauces.

Tropical Smoothie Café Hours*
Monday-Thursday 9:00 am - 10:00 pm
Friday 9:00 am - 8:00 pm
Saturday 10:00 am - 6:00 pm
Sunday CLOSED

* Hours are subject to change during university academic breaks.
GET SOME AIR

Outdoor Recreation Courts (ORC)

The Outdoor Recreation Courts consist of three tennis courts and three basketball courts. The entire complex is lighted for evening play. The courts are an extension of the Student Recreation Facility (SRF), so only students and current members are allowed swipe access. Guests and daily pass members are not permitted. Tennis racquets may be checked out at the SRF and basketballs are provided on the courts. The ORC closes 30 minutes prior to the closing of the SRF.
The Sport & Fitness Center is located on the west side of campus and adjacent to the UIC Student Center West. The facility is open to UIC students, faculty/staff, and University of Illinois graduates. Employees of health care facilities located in the Illinois Medical District are also eligible for membership.

**Sport & Fitness Center (SFC)**

- 8,000 square foot fitness floor
- 1/14 mile, 3-lane jogging track
- 2 Group fitness studios
- 2-Court, wood floor gymnasium equipped for basketball, volleyball, and badminton
- Carpeted walking track
- 3 Racquetball courts, one with a glass back wall
- 6-Lane swimming pool with on-deck sauna room
- Full-service locker rooms with daily use and annual rental lockers available
- Multi-purpose room with table tennis
- Boxing apparatus
- Complimentary equipment rentals
- Lounge area

Located at the Sport & Fitness Center, the Synrgy room offers students and members a fun and challenging small group workout.
Outdoor Field Complex (OFC)

NEW! The Outdoor Field Complex features two multi-purpose fields, with more than 214,000 square feet of synthetic turf. The fields are designed and marked to accommodate softball, soccer, flag football, rugby, field hockey, and lacrosse. Features include sand volleyball courts, a jogging path, fitness station (coming Fall 2015), and outdoor WiFi access for the UIC community.

The fields are used to support UIC Intramural Sports and Sport Clubs programs. They are also available for drop-in use and rentals. Student groups, the UIC community, or non-UIC affiliated entities wishing to use the fields for organized activities should contact Campus Recreation at (312) 413-5150.

The OFC boasts the following sustainable features:
- UIC saves up to 2,000,000 gallons of water per year in irrigation costs.
- The need for fertilizers and pesticides on the playing surface has been eliminated.
- Approximately 87,000 recycled tires were used to make up the FieldTurf’s performance infill layer.
- The installation of the turf field eliminates fuel-powered mowing, aerating and re-seeding.
- Permeable concrete assists storm water runoff.
- Wind and solar powered walkway lighting.
Facility Rentals

Schedule your next event with UIC Campus Recreation!

UIC Campus Recreation offers a variety of rental options for private groups and special events. Our goal is to assist you through the event planning process, help you navigate any campus or facility policies and procedures, and ultimately provide your organization with the best possible event experience! Please visit our website for a complete list of rental options and rates.

To process paperwork and acquire the necessary approvals, we require a **minimum notice of two weeks**. Any request not providing the required advanced notice will only be considered if staff time permits. Large events and general public rentals typically require a minimum notice of four weeks.

How to Request a Rental:

**Complete a Facility Reservation Request**
The request form is available online at [www.rec.uic.edu](http://www.rec.uic.edu). Clarification of all event details, support services, and set-up information will be provided upon reply.

**Rental Confirmation**
Completion of a Facility Reservation Agreement and deposit payment, if applicable, confirms your facility rental.

**Before Your Rental**
Groups are required to obtain all necessary event approvals and review facility policies prior to arrival. An event walkthrough will be scheduled, if requested or required.

**Guest List**
A comprehensive guest list must be submitted to the department of UIC Campus Recreation at least 72 hours prior to the event.

**Rental Payment**
All parties will be charged the amount stated on the rental agreement unless the number of participants attending exceeds the number of participants specified. In these situations, additional costs will apply.

**Private Party Room Rules**
- Parties are responsible for set-up and clean-up.
- All food must be store bought or delivered (catered).
- Refrigeration is not provided on site.
- Food cannot be prepared on site. The use of sternos or portable heating devices is not allowed.

*Please note requests cannot be guaranteed, as the primary purpose of UIC Campus Recreation is to provide recreational opportunities to the UIC community.*
Program Calendar

AUGUST
READY, SET, LET’S REC!

SEPTEMBER
#GETINVOLVED

OCTOBER
RETOBERFEST

NOVEMBER
WELL ON YOUR WAY

DECEMBER
LET IT GO... DE-STRESS THE HOLIDAYS

JANUARY
JUMP START YOUR FITNESS ROUTINE IN 2016

FEBRUARY
LOVE MY BODY

MARCH
10 YEARS OF RECOGNIZING YOUR POTENTIAL!

APRIL
LET’S CUT CARBS... YOUR CARBON FOOTPRINT

MAY
MAY THE FORCE BE WITH YOU
Get fit, have fun!

UIC Campus Recreation offers diverse fitness programming including drop-in, group session, and instructional programs. Whether you are new to exercise or simply looking to change your current routine, we have a class to meet your needs. Our trained and motivating instructors have one mission: to provide a safe, effective and fun workout for you.
Group Fitness

Free Drop-In Classes
Drop-In Classes are free to students and members of the UIC Campus Recreation facilities. Every semester, our schedule changes to stay on the cutting edge of group fitness trends and to meet your needs. Classes include cycling, step, strength training, core, and more! Drop-In classes are first come, first serve due to space and equipment limitations.

Don’t miss out! View the current Drop-In schedule and Group Fitness Session and Instructional Programs brochure at www.rec.uic.edu.

Session Classes
Whether you are looking for a heart thumping Zumba workout or to unwind with a yoga class, our Group Fitness Session classes have what you are looking for. Group Fitness Session classes vary each semester but often include Pilates Reformer, Zumba, Yoga, Cheerobix, and more.

Instructional Programs
Have you always wanted to learn how to dance or master a martial art? Our Instructional Programs are the solution. The programs are progressive in nature and allow you to build on your skills. Our Instructional Programs include learn to dance, tennis, martial arts, and more.

Schedule, prices, and detailed descriptions are available online. Classes vary each semester. For more information, contact the Group Fitness Coordinator at (312) 413-5154 or fitness@uic.edu. Participants must be 18 or older to participate in any group fitness program. If you need accommodations in order to participate in a program, please call (312) 413-5154 at least one week prior to the event. Refunds for Session Classes and Instructional Programs will be issued ONLY for classes canceled due to low registration or a doctor documented illness or condition.
Free Climbing for Students & Members!

Whether you are a seasoned outdoor fanatic or someone looking for a new challenge, rock climbing is an excellent exercise alternative. The activity requires strength and flexibility, as well as a high level of endurance and skill. It also offers a balance between physical exercise and mental discipline. Many climbers report a sharp increase in confidence and independence as a result of gaining new skills and successfully completing challenging climbs.

UIC Campus Recreation's custom built climbing wall is 43 feet high with top rope and auto belay options. There are a variety of top rope and boulder routes that are constantly changing and vary in difficulty and style.

Climbing is FREE for all students and members! Optional equipment rentals are available for an additional fee.

Classes Offered

We offer a variety of classes and programs at the climbing wall such as:

- Introduction to Rock Climbing
- Intermediate Conditioning Class
- Advanced Climbing
- Rock N' Swim (Summer Kids Program)

All classes are open to students, members, and non-members. For more information and to register for these classes, please visit our website at www.rec.uic.edu.

Wall Rentals

The wall can be rented for parties and team building exercises. For more information, contact Courtney De Paulo at cdepau2@uic.edu or (312) 996-7730.
OUTDOOR ADVENTURE PROGRAM

Need to get away from the urban lifestyle for a weekend or even a day? Want to learn how to build a campfire, paddle down a river, or set up a tent? UIC’s Outdoor Adventure Program provides students with outdoor experiences that are educational, inspiring, and fun. Join us on our next adventure as we climb, hike, kayak, paddle, camp, ski, cook, and learn in a beautiful and natural environment.

For more information & upcoming trips, visit www.rec.uic.edu. Like THE UIC CLIMBING WALL on Facebook!
GET IN THE GAME.

Become a champion. UIC Intramural Sports is where adrenaline and passion meets fun and sportsmanship. UIC Intramural Sports offers a wide variety of leagues, tournaments, and events for the athlete or someone looking to try a new sport. Male, female, and co-rec leagues are available to UIC students and faculty/staff.

Who can play?
UIC students and faculty/staff are eligible to play. Faculty/staff who are not UIC Campus Recreation members must adhere to guest entrance policies.

How much does it cost?
It is ABSOLUTELY FREE to play intramurals!

What if I don’t have a team to join?
You can join as a free agent and get in touch with team captains.

Who can play on my team?
We offer male, female, and co-rec leagues.

What sports are offered?
Basketball, volleyball, flag football, outdoor & indoor soccer, tennis, dodgeball, and arena football just to name a few.

How do I sign up?
Register at www.imleagues.com/uic.

Find more information on schedules, policies, rules, tournaments, and events on IM Leagues at www.rec.uic.edu.
DISCOVER A SPORT CLUB.

UIC Sport Clubs offer an opportunity for students, faculty/staff, and alumni to promote interest in a sport, to develop the skills of the club members, and to create a sense of community. The focus of a sport club can be instructional, recreational, competitive or performance based.

What Sport Clubs currently exist?
Some of the clubs include martial arts, basketball, rugby, and ultimate frisbee. A full listing of our sport clubs can be found online at www.rec.uic.edu or www.imleagues.com/uic.

How do I join a Sport Club?
All UIC students, faculty or staff must register and create an account online at www.imleagues.com/uic to be eligible for sport clubs. After creating your account, update your player card to update your interests and talents and to connect with new friends.

I have a great idea for a Sport Club. How do I start a new club?
Send an email to Ryan Morse, Assistant Director of Programs, at ryanm@uic.edu with your suggestion. All sport clubs must be registered as student organizations with UIC Campus Programs.

Who can participate in Sport Clubs?
Sport clubs are open to all UIC students. Some clubs are also open to faculty/staff, and alumni. Facility access policies do apply to non-members of UIC Campus Recreation.
Team Challenge

STRENGTHEN YOUR TEAM.

Team Challenge is a guided experiential program consisting of activities and low elements designed to help organizations improve communication, solve problems, build trust, and establish greater understanding and appreciation for all team members.

With the guidance of trained facilitators, groups participate in physically and intellectually challenging activities that help identify various group dynamics. The entire experience creates a commonality among the group that lays the foundation for trust and commitment in the group. Contact Ryan Morse at (312) 413-5165 or ryanm@uic.edu for more information.
Let UIC Campus Recreation help you establish and achieve your fitness goals! The Human Performance Lab (HPL) offers personal training, fitness testing, and massage therapy services. The HPL is located at the Student Recreation Facility; however, personal training and massage therapy are also available at the Sport & Fitness Center. The services offered by the HPL are open to UIC students, UIC Campus Recreation members, and the general public. Services are by appointment only.

**Personal Training**

Whether you are new to exercise or training for an event, our personal trainers can help you reach your fitness goals. Everyone responds differently to exercise, so to make the sessions the most effective based on your goals and your current fitness level, you will participate in a fitness assessment and consultation before you begin your training sessions. Our personal trainers will provide you with motivation and an exercise prescription to make your fitness goals a reality.

**Small Group Training**

Small group training provides an affordable training option with professional and personalized attention, the motivation of exercising with friends while still getting a great workout.

Synrgy 360 combines TRX, kettlebells, boxing, battle ropes, and more, into a circuit style workout that will help you reach your goals. The Synrgy 360 is located in a private workout area in the lower level of the Sport & Fitness Center.

The Functional Training Room at the Student Recreation Facility is designed as a small group training studio with TRX, medicine balls, and more.

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**One on One Personal Training**

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**Semi-Private Training (per person)**

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**Express Training (30-Minute Sessions)**

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*First time clients must complete a General Fitness Assessment before purchasing training sessions.
Fitness Testing

Our trained staff will conduct a safe, effective, and reliable assessment of your current fitness level. You can select from VO2 max testing, lactate testing, and resting metabolic rate testing. A unique feature to the Human Performance Lab is the hydrostatic weighing test which gives the most accurate body composition results.

<table>
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<tr>
<th>Services</th>
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<th>Non-Members</th>
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<td>Hydrostatic Weighing</td>
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<td>Resting Metabolic Rate</td>
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<td>VO2 Max Test</td>
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<td>Lactate Test</td>
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<td>Skinfold</td>
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<tr>
<td>Consultation (per 1/2 hour)</td>
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</table>
Chair Massage for Your Event!
Our therapists are also available for chair massage at your UIC office or special event! Chair massage is a great way to relieve stress among staff. For more information, call (312) 413-5154.

Massage Therapy
Massage therapy encompasses many different techniques that involve the manual manipulation of the muscles and soft tissues of the body. Massage therapy can relieve stress, muscle pain, and improve sleep as well as offer other health benefits. All UIC Campus Recreation massage therapists are licensed and have extensive experience. Sessions are offered in 30 minute or 1 hour sessions and open to UIC students, members, and the general public. Gift certificates are also available at the Member Services desk.

Massage Types Offered
• Swedish Massage
• Deep Tissue Massage
• Sports Massage
• Trigger/Tender Point Massage
• Craniosacral Therapy
• Pre-Natal Massage
• Chair Massage

Massage therapy services are offered at both facilities by appointment only. Cash, check, and all major credit cards are accepted. Cash-only tips are welcome and to be given directly to the therapist.

Session Pricing

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<th>Sessions</th>
<th>Students</th>
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<td>1 Hour</td>
<td>$45</td>
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Package Pricing

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<td>4-1 Hour Sessions</td>
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<td>8-1 Hour Sessions</td>
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To schedule your Human Performance Lab appointments, call us at (312) 413-5174 today!
Aquatics

TAKE A DIP!

The Student Recreation Facility and the Sport & Fitness Center provide the opportunity for lap and recreational swimming. With the exception of special events and/or pool rentals, the lap lanes are reserved exclusively for lap swimming. Both aquatic facilities are fully accessible.

Student Recreation Facility
• Leisure Pool with Water Vortex, two Bubble Benches, and Lazy River
• 3 Lap Lanes
• Co-ed Sauna and Steam Room
• Spa
Aquatics area closes one hour prior to facility closing.

Sport & Fitness Center
• 6 Lap Lanes
• Co-ed Sauna
• Maximum depth of 11 feet
Opens Monday - Friday at 6:00 am
Opens Saturday and Sunday at 12:00 pm
Closes daily at 8:00 pm

Aquatics Policies
• Proper swimming attire is required for all patrons in the pool, spa, sauna, and steam room areas.
• Infants and toddlers must wear swim diapers.
• Adults (18+) must be present at all times to supervise children in the pool. Children (17 & under) may not use lap lanes, spa, sauna, or the steam room.
• Children under the age of 9 who are swimming must be supervised by an adult (18+) in the water. Each adult can only supervise up to three children (under the age of 9) while in the water.
• Children may not use kickboards or buoys. Children may use provided inner tubes, U.S. Coast Guard approved flotation devices, or swimming fins, unless deemed unsafe by the recreation staff.
• No food or drink, except water in an unbreakable container, is permitted at any time on the pool deck.
• Cameras and video devices are not permitted in the pool area or Aqua Suite.
• For safety purposes, all spectators must observe classes from the Aqua Suite.

Please visit our website for a complete list of Aquatics policies.

www.rec.uic.edu
Swimming Lessons
Swimming lessons are available at the UIC Student Recreation Facility (SRF) for participants of all ages who want to become comfortable in the water. Instruction is led by a certified American Red Cross Water Safety Instructor and all classes are taught according to American Red Cross standards. For more information, please contact our Aquatics Coordinator at (312) 413-5161.

Private/Semi-Private Swim Lessons
Lessons help swimmers gain confidence while learning fundamental skills. Private and semi-private lessons covering all levels of swimming ability are available for anyone 4 years and older.

Packages of eight 30-minute lessons are available for children 4-16 years old, and 60-minute lessons are available for participants 17 years and older. Semi-private lessons are intended for children 4-13 years old and are limited to two participants per package.

Due to the overwhelming popularity of our lessons, we are no longer accepting non-members for our private or semi-private lesson wait list.

How to Register
To begin registration process for private lessons, email aquatics@uic.edu.

Group Lessons
Class are offered by skill level (Beginner, Intermediate, & Advanced). New participants must receive an evaluation prior to registering to determine skill level. For more information, contact aquatics@uic.edu.

Parent and Tot (6 Months - 3 Years)
These 30-minute lessons are meant to familiarize children with water and teach swimming readiness skills. One parent or caregiver must accompany each child in the water. Children who are not toilet-trained must wear a swim diaper and tight-fitting plastic pants over diaper (no disposable or cloth diapers).

Preschool (3-5 Years)
These 45-minute lessons are meant to familiarize students with aquatic environments and help them gain basic aquatic skills. The class will help participants begin to develop positive approaches and learn safe practices and procedures around water. Sunday and weekday classes will run with a maximum of five students and one instructor. Saturday classes will run with a maximum of ten students.

Learn-to-Swim (6-16 Years)
These 45-minute lessons are meant to familiarize students with aquatic environments and help them gain basic aquatic skills. It will help participants begin to develop positive approaches and learn safe practices and procedures around water. Parents are asked to stay in the aqua suite during this class. Sunday and Weekday classes will run with no more than five students and one instructor. Saturday classes will run with no more than ten students and two instructors.

Adult (17 & Over)
These one-hour sessions are taught with one instructor and four students. Many adults have varying levels of comfort around the water and levels are based on the student’s comfort. Lessons are individualized, with the instructor giving directives based on what each student would like to learn.

Swim Lesson refunds will only be issued for a doctor-documented illness or condition.
Program Registration

Registration for most programs and classes is available online. See page 15 for Intramural Registration information. For assistance, please contact Natalie Banach at ndachn1@uic.edu or (312) 413-5162.

**Step 1: Visit www.rec.uic.edu**
- Click on the “Registrations” icon below the home page banner.
- Under “Program Registrations”, click the “Register Online” button.

**Step 2: Account Creation**

For Students & Members:
- Under “Already an Existing Member?”, select the “Forgot Password/ Create Logins? Click Here” link. DO NOT create a Guest account.
- **Students**: Enter your UIC email address.
- **Members**: Enter the email address that is on file with Member Services.
- You may be asked for your Member Number (UIN), which is the 9 digit number located on your i-card.
- An email will be sent to you with a user name and password; this is what you will use to log-in. After logging in with the initial assigned user name and password, you will be prompted to choose a new user name or password. This is what you will use to log-in going forward.
- Check that your personal information is correct and make sure your birthdate is entered. If you fail to do so, you will be ineligible to register for most classes. To access your personal information, click the Home icon in the upper left corner. Then click “Account Information” and select “Contact Information”.

For Non-Members:
- Click on the “Become a Guest” icon.
- Fill out your name, email, and zip code and click “Next”.
- Fill out the rest of the personal information form. Be sure to include your email address. You must enter your birthdate; if you fail to do so, you will be ineligible to register for most classes.
- Add all of your children as Sub-Members to register more than one child at a time.
- You will be prompted to create a user name and password.
- After receiving confirmation of your account, you will be able to log-in with your new user name.

**Step 3: Sign-Up for Classes!**
- Log in. Click on the Home icon in the top left corner of the screen, and then click on the “Program Registrations” picture.
- IMPORTANT: In the dropdown box, select the facility site in which your class will be taking place.
- To view classes, click on the picture or click “Select”.
- Click “View Programs” under the class you would like to register for. A description, class times and cost will be displayed.
- Select “Add to cart”.
- Read the waiver and check the Accept box (if applicable), then click “Continue”. Select “Continue to cart”.
- The Payment Summary screen will appear; enter payment information and confirm the email for receipt of payment.
- Select “Submit Payment”. After your payment is processed a receipt will display for your records.
UIC Campus Recreation is one of the largest student employers on campus. Over 200 student employees provide coverage to facilities and programs operating over 100 hours per week. This large workforce provides many opportunities for employment. Students are hired as both Federal Work Study and Non-Federal Work Study employees. Work Study eligible students are given priority for job placement, and many students qualify for Work Study funds. Work Study is a federal program providing salary relief for departments who hire eligible students.

Funds are based on institutional need, and have no effect on student scholarship or other aid based programs. For additional information or to verify your eligibility, visit the Student Employment Office in Room 2200 SSB or call (312) 996-3130.

Most jobs are paid at the current campus minimum wage. Some student jobs in UIC Campus Recreation are based on certifications or experience. The department maintains many certification programs. Jobs requiring additional certification or advanced skills are paid at a higher hourly rate.

**Employment Opportunities**

**Facility Attendant**
Provides customer service at the Equipment and Control desk areas, and assists with facility operations.

**Member Services Attendant**
Provides membership, sales, and customer service support at the Membership desk area.

**Lifeguard**
Supervises swimming pool and leisure areas (certification required).

**Fitness Floor Attendant**
Supervises and maintains weight and fitness areas.

**Group Fitness Instructor**
Instructs various fitness and health-related classes (certification required). If you have been taking Group Fitness classes for at least 6 months, you may be eligible to become a Fitness Instructor. For more information, contact Group Fitness at (312) 413-5154.

**Climbing Wall Attendant**
Operates and manages the Climbing Wall (certification required).

**Personal Trainer**
Provides physical training supervision for clients (certification required).

**Intramural Official**
Officiates and supervises team and individual sport activities.

**Field Supervisor**
Supervises outdoor activity areas during scheduled times and the summer months.

**HPL Attendant / Lab Technician**
Provide customer service to patrons regarding fitness testing and massage therapy services. Learn and assist with clinical testing.

**Lifeguarding, Lifeguard Instructor (LGI) & Water Safety Instructor (WSI) Opportunities**
Certification is available. For more information, please contact the Aquatics department at (312) 413-5161.

**Supervisory Positions**
Supervisory positions are also available and are based on experience, expertise, attitude, and dependability. These positions are assigned on staff recommendation.

**How to Apply**
Pick up an application at either recreation facility or apply online at recreation.uic.edu/employment.
Membership Options

Campus Recreation Memberships

UIC Students
UIC Students pay for their UIC Campus Recreation membership through the General (2NLF) Tuition Fee. If a registered UIC Student is not assessed the General Fee, or if these fees are refunded, the student will need to purchase a membership.

Faculty/Staff & Retirees
All current and retired UIC Faculty/Staff are eligible to purchase a recreation membership. A valid Faculty/Staff i-card will serve as your membership card and will be used for admittance to all UIC Campus Recreation facilities. Please bring your i-card when applying for a Recreation Membership. University of Illinois Faculty/Staff retirees must present a University Retiree or Emeritus i-card to qualify.

Alumni
All University of Illinois graduates are eligible to purchase a UIC Campus Recreation membership. A valid, government-issued photo ID and proof of graduation is required.

UIC Affiliates
UIC Campus Recreation memberships are available to current UIC Affiliates. Proof of affiliation, valid i-card, and approval from a Member Services Representative is required to purchase an Affiliate membership.

Illinois Medical District (IMD) (SFC Only)
Staff employed in the Illinois Medical District (including select nearby hospitals and state agencies located near campus) may purchase a membership by showing current work identification. An IMD Membership is only valid for admittance to the Sport & Fitness Center.

Community and Community LIMITED (SRF Only)
Community and Community LIMITED Memberships are available for individuals or families not affiliated with designated groups of the University of Illinois at Chicago. Only a limited number of these memberships are made available. Community members are allowed to purchase a membership with the understanding that the primary mission of all UIC Campus Recreation facilities is to serve the needs of the UIC Campus. Programmed activities have priority use of space, and some areas may not be available. The Community membership program may be suspended at any time.

Family Memberships
Select family memberships are available to spouse/domestic partners, adult dependents, and children of qualifying individuals (Students, Faculty/Staff, Alumni, UIC Affiliates, and Illinois Medical District).
See page 25 for Required Documentation for Family Memberships and Age Policies.

The qualifying individual must be present to authorize the purchase a spouse/domestic partner or adult dependent membership. With the exception of IMD individuals, the qualifying individual does not have to be a member for the spouse/domestic partner or adult dependent to join. A parent or legal guardian must have a current membership to purchase a child membership.

Family membership packages are also available. A 5% discount is applied when 2 Adult memberships (understood to include a spouse or significant other) and 2 Child memberships (17 years of age and under) are purchased together.

Daily Entrance Passes
Guest Passes are available to eligible groups. See page 26 for details.
Required Documentation for Family Memberships

In addition to verifying the status of a qualifying individual, proper documentation is required for all family memberships.

Child and Adult Dependent Memberships

A birth certificate or proof of guardianship is required to purchase a child and/or adult dependent membership. For birth certificates, the name of the qualifying individual or spouse/domestic partner must appear.

Spouse/Domestic Partner Memberships

Required Documentation

One of the following:
1. Marriage License
2. Civil Union License

Or three of the following items:
1. Driver’s License (if married, with same last name)
2. Joint checking account
3. Proof of Assignment of Beneficiary Rights
4. Proof of joint ownership of a residence or motor vehicle
5. Mutual designation on a will
6. Irrevocable living trust
7. Durable property and health care powers of attorney

Any false or misleading statements made in order to receive benefits for which you are not qualified may subject the partner employed by the University of Illinois or UIC student to disciplinary action. Other members may have their privileges revoked with no refund.

Age Policies

Children (under the age 18) may not enter any UIC Campus Recreation facility without a parent or legal guardian unless they are a registered UIC student. All children must be supervised at all times by a parent or legal guardian. UIC Campus Recreation has the right to change age policies without notice.

When in pool areas, children under the age of 9 must have an adult in the water with them at all times. There is a maximum of 3 small children (under age 9) per adult in the water at all times.

Student Recreation Facility

During the Academic Year: Children may utilize the entire facility except the Fitness Floor and the Climbing Wall* up until 5:00 pm, Monday – Friday and anytime on the weekends. After 5:00 pm, Monday – Friday, children are restricted to the Racquetball Courts and Pool.

Summer/Winter Break and Holidays: Children may utilize the entire facility except the Fitness Floor.

Sport & Fitness Center

Children are only permitted on weekends and during Summer/Winter breaks. Children are only allowed access to the Pool, Gymnasium, Racquetball Courts, and Running Track.

*The climbing wall is only available for children 5 years of age and older on the weekends during the Academic Year, Summer/Winter Breaks and holidays.

Guest Passes

Current students and members are allowed to sponsor a maximum of five guests per day by paying a guest fee. Sponsors must accompany the guest(s) into the facility and remain with them at all times.

Any guest under the age of 18 must be accompanied into the facility by a parent or legal guardian. A maximum of three small children (8 or under) are allowed per adult member or guest.

All guests 18 & over must present a valid, government-issued photo ID (i.e. driver’s license/state ID) to enter recreation facilities. Student IDs, driving tickets, etc. are not accepted as a form of identification. For legal and liability reasons there are no exceptions to this policy.

Guest Pass Pricing

Guests of Students, Faculty/Staff/Retiree, Alumni, IMD, or UIC Affiliate members...............$10.00
Guests of Community or Community LIMITED members............................$15.00
Children 9-17 Years..................................................$10.00
Children 8 & Under..................................................$6.00
# Membership Pricing

All prices are subject to change. Additional membership options may be available. Please contact a Membership Representative for a full list of membership options and prices.

<table>
<thead>
<tr>
<th>UIC Students</th>
<th>Fall or Spring Semester</th>
<th>Summer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registered, Fee Paying UIC Student</td>
<td>Included in fees</td>
<td>Included in fees</td>
</tr>
<tr>
<td>Registered, Non-Fee Paying UIC Student</td>
<td>$112.00</td>
<td>$51.00</td>
</tr>
<tr>
<td>Adult - Spouse/Domestic Partner or Adult Dependent (18-23)</td>
<td>$135.00</td>
<td>$95.00 (effective 05/10/15) $66.00 (effective 06/14/15)</td>
</tr>
<tr>
<td>Child (17 &amp; Under)</td>
<td>$85.00</td>
<td>$63.00 (effective 05/10/15) $43.00 (effective 06/14/15)</td>
</tr>
</tbody>
</table>

*Students not enrolled in Summer courses must be enrolled in Fall courses to purchase a Summer membership.*

<table>
<thead>
<tr>
<th>UIC Faculty/Staff</th>
<th>Payroll Deduction</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult - Individual, Spouse/Domestic Partner, or Adult Dependent (18-23)</td>
<td>$27.92 Monthly $13.96 Biweekly</td>
<td>$335.00</td>
</tr>
<tr>
<td>Child (17 &amp; Under)</td>
<td>$17.76 Monthly $8.88 Biweekly</td>
<td>$213.00</td>
</tr>
<tr>
<td>Family Package (2 Adults, 2 Children) - Save 5%</td>
<td>$86.75 Monthly $43.38 Biweekly</td>
<td>$1,041.00</td>
</tr>
<tr>
<td>Faculty/Staff Retiree</td>
<td>$27.92 Monthly (EFT only)</td>
<td>$335.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Alumni &amp; UIC Affiliates</th>
<th>Open-Ended EFT</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult - Individual, Spouse/Domestic Partner, or Adult Dependent (18-23)</td>
<td>$37.09 Monthly</td>
<td>$445.00</td>
</tr>
<tr>
<td>Child (17 &amp; Under)</td>
<td>$18.11 Monthly</td>
<td>$217.00</td>
</tr>
<tr>
<td>Family Package (2 Adults, 2 Children) - Save 5%</td>
<td>$104.75 Monthly</td>
<td>$1,257.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Illinois Medical District (SFC Only)</th>
<th>Open-Ended EFT</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult - Individual, Spouse/Domestic Partner, or Adult Dependent (18-23)</td>
<td>$42.92 Monthly</td>
<td>$515.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Community &amp; Community LIMITED (SRF Only)</th>
<th>Open-Ended EFT</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult ($200 enrollment fee required)</td>
<td>$87.50 Monthly</td>
<td>$1,050.00</td>
</tr>
<tr>
<td>Child (17 &amp; Under)</td>
<td>$35.00 Monthly</td>
<td>$420.00</td>
</tr>
<tr>
<td>Family Package (2 Adults, 2 Children) - Save 5% ($400 enrollment fee required)</td>
<td>$232.75 Monthly</td>
<td>$2,793.00</td>
</tr>
<tr>
<td>LIMITED Adult</td>
<td>$65.44 Monthly</td>
<td>$785.00</td>
</tr>
<tr>
<td>LIMITED Child</td>
<td>$26.17 Monthly</td>
<td>$314.00</td>
</tr>
<tr>
<td>LIMITED Family Package (2 Adults, 2 Children) - Save 5%</td>
<td>$174.00 Monthly</td>
<td>$2,088.00</td>
</tr>
</tbody>
</table>

Community LIMITED members are allowed to the facility ONLY during the following days and times*:
- Monday - Thursday: 6:00 am - 3:00 pm and 9:00 pm - 11:00 pm
- Friday: 6:00 am - 3:00 pm
- All Day Saturday & Sunday

* Special holiday and break hours apply. The facility closes at 9:00 pm during break hours.

## Daily Entrance Passes

Not sure if a UIC Campus Recreation membership is right for you? Experience our facilities with a Daily Entrance Pass! UIC faculty/staff/retirees, alumni, and select UIC Affiliates can purchase a Daily Entrance Pass for $10 per day. To purchase a daily pass, a valid UIC i-card is required for faculty/staff and UIC Affiliates. University of Illinois graduate status is required for alumni. Signing in additional guests is a privilege to members only; no additional guests will be permitted with a Daily Entrance Pass. Please note Daily Entrance Pass holders are not permitted access to the Outdoor Recreation Courts. Non-members without any affiliation to the university cannot sign themselves in for a daily pass.
Payment Options  Cash, check, and credit cards (Visa, MasterCard, Discover, and American Express) are all accepted for recreation membership purchases. Payroll Deduction and Electronic Fund Transfer (EFT) payment options are also available for select memberships.

Electronic Fund Transfer (EFT)
EFT allows qualifying members to pay for their membership in monthly installments rather than in full. University of Illinois Alumni, Community, Community Limited, Retired Faculty/Staff, and qualifying family members of these membership types are eligible for enrollment in EFT. Current Faculty/Staff, Students, and UIC Affiliates do not qualify for EFT. EFT Memberships are Open-Ended and have no expiration date; the payment is deducted monthly until you choose to cancel. Members must be enrolled for a minimum of six months before cancelling a membership. A $50 Cancellation Fee will be assessed to anyone who cancels before the six month minimum.

Payroll Deduction
Faculty/Staff memberships are purchased through Payroll Deduction, unless paid in full (“Fixed-Rate” membership options). Depending on the employee's pay cycle, the charge is deducted either monthly or biweekly. Payroll Deduction Memberships are Open-Ended and have no expiration date; the payment is deducted monthly or bi-weekly until you choose to cancel. Members must be enrolled for a minimum of six months before cancelling a membership. A $50 Cancellation Fee will be assessed to anyone who cancels before the six month minimum.

Fixed-Rate Membership Cancellations
No cancellations or refunds are permitted for memberships with set expiration dates.

Open-Ended Membership (EFT & Payroll Deduction) Cancellations
Members who purchase EFT or Payroll Deduction memberships must enroll for a minimum of six months before cancelling a membership. A $50 cancellation fee will be assessed if a membership is cancelled before the six month minimum.

How to Cancel your Membership:
• A Membership Cancellation Form must be filled out and submitted 30 days in advance to cancel. Email, faxes or phone calls will not be accepted as a form of cancellation.
• For Payroll Deduction:
  Employees must cancel a minimum of 4 weeks in advance to avoid additional deductions.
• For Electronic Fund Transfer:
  Cancellations received during the 1st-15th of the month: Memberships will terminate at the end of that month and automatic withdrawals will stop with that month’s payment.
  Cancellations received during the 16th-the end of the month: Members will receive one more deduction and memberships will terminate at the end of the following month. Automatic withdrawals will stop after the following month’s payment.